

Memorial Anteunis 25: Session: 3: COACH Evaluation sheet for TEAM: 09-008

Coachinfo: Warming up from: 08:00 untill 08:50. Teamleadmeeting @ 08:45 The listed starttimes are indicative!

PB => Personal Best time SB => Seasons Best time: Season starting point: first of September.

Event number: 20: 200M BREASTSTROKE MEN 11-17 Heat:4, starttime: 09:37

Heat: 4/6 Lane : 4 Athlete: VAN KINTS THIJS Q-time: 02:56:41

PB (25m pool): 2:50.69 Gouda 5 Oct 2025 PB (50m pool): 2:55.23 SB:

	2 5 M	5 0 M	7 5 M	1 0 0	1 2 5	1 5 0	1 7 5	2 0 0 M
PB		38.42		1:21.99				2:50.69
	38.42		43.57				1:28.70	
								

Coach feedback:

Event number: 21: 200M BACKSTROKE WOMEN 11-17 Heat:5, starttime: 10:03

Heat: 5/11 Lane : 1 Athlete: DE HEIJ NIKKI Q-time: 02:53:53

PB (25m pool): 2:53.53 Sint-Amandsberg 27 Oct 2024 PB (50m pool): 2:55.78 SB:

	2 5 M	5 0 M	7 5 M	1 0 0	1 2 5	1 5 0	1 7 5	2 0 0 M
PB		41.26		1:24.03		2:09.42		2:53.53
	41.26		42.77		45.39		44.11	
								

Coach feedback:

Event number: 21: 200M BACKSTROKE WOMEN 11-17 Heat:6, starttime: 10:06

Heat: 6/11 Lane : 0 Athlete: BAKKER CHARLOTTE Q-time: 02:51:43

PB (25m pool): 2:51.43 Bodegraven 2 Feb 2025 PB (50m pool): 2:56.74 SB:

	2 5 M	5 0 M	7 5 M	1 0 0	1 2 5	1 5 0	1 7 5	2 0 0 M
PB		40.83		1:24.21				2:51.43
	40.83		43.38				1:27.22	
								

Coach feedback:

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Event number: 25: 200M FREESTYLE WOMEN 11-17							Heat:6, starttime: 11:29	
Heat: 6/17 Lane : 7 Athlete: BANNATYNE JESSICA							Q-time: 02:42:12	
PB (25m pool): 2:42.12 Leiden - A 15 Jun 2025				PB (50m pool): 2:35.43 SB:				
	2 5 M	5 0 M	7 5 M	1 0 0	1 2 5	1 5 0	1 7 5	2 0 0 M
PB		36.42		1:17.23				2:42.12
	36.42		40.81				1:24.89	
								

Coach feedback:

Event number: 25: 200M FREESTYLE WOMEN 11-17							Heat:8, starttime: 11:35	
Heat: 8/17 Lane : 4 Athlete: DE HEIJ NIKKI							Q-time: 02:35:08	
PB (25m pool): 2:35.08 Sint-Amandsberg 27 Oct 2024 PB (50m pool): 2:37.38 SB:								
	2 5 M	5 0 M	7 5 M	1 0 0	1 2 5	1 5 0	1 7 5	2 0 0 M
PB		36.91		1:16.95		1:56.90		2:35.08
	36.91		40.4		39.95		38.18	
								

Coach feedback:

Event number: 25: 200M FREESTYLE WOMEN 11-17							Heat:10, starttime: 11:41	
Heat: 10/17 Lane : 0 Athlete: BAKKER CHARLOTTE							Q-time: 02:29:07	
PB (25m pool): 2:28.66 Gouda 5 Oct 2025				PB (50m pool): 2:31.25 SB:				
	2 5 M	5 0 M	7 5 M	1 0 0	1 2 5	1 5 0	1 7 5	2 0 0 M
PB		33.82		1:11.29				2:28.66
	33.82		37.47				1:17.37	
								

Coach feedback:

Event number: 26: 200M FREESTYLE MEN 11-17							Heat:11, starttime: 12:35	
Heat: 11/16 Lane : 8 Athlete: VAN KINTS THIJS							Q-time: 02:15:96	
PB (25m pool): 2:15.96 Bodegraven 6 Apr 2025				PB (50m pool): 2:18.86 SB:				
	2 5 M	5 0 M	7 5 M	1 0 0	1 2 5	1 5 0	1 7 5	2 0 0 M
PB		31.25		1:05.57				2:15.96
	31.25		34.32				1:10.39	
								

Coach feedback: